

UNIVERSITY OF FLORIDA COLLEGE OF MEDICINE – JACKSONVILLE

Resident Manual

RESTRAINTS

Shands HealthCare recognizes and respects each patient's right to be free of restraints and/or seclusion that is not medically necessary, or necessary to prevent injury or harm to the patient or others. Accordingly, it is Shands policy that restraints are to be used only when less restrictive non-physical forms of intervention cannot be used safely to protect the patient or others from harm.

Orders for restraint of the Non Violent or Non Self-destructive patient may be initiated and continued pursuant to an order by a physician, resident, ARNP, or PA within his/her scope of practice.

Orders for restraint for management of Violent or Self-destructive Behavior must be initiated by a licensed physician. PRN or standing orders for restraint or seclusion are prohibited.

A patient's rights, dignity, and well being shall be protected during use of restraint or seclusion. The use of seclusion shall be limited to inpatient Psychiatric Units and shall follow the parameters established in the units' seclusion policies.

The healthcare teams will assess/evaluate all patients to identify risk factors that may cause alterations in behavior and implement and evaluate interventions as necessary. Restraint or seclusion are only initiated after appropriate alternative methods have been exhausted and are limited to those situations with adequate, appropriate clinical justification, including when they are essential to protect patients from harming themselves, other patients or staff. Restraints may be indicated for patients exhibiting the following behaviors: (a) confusion, (b) disorientation, (c) sedation, (d) agitation/hostility, (e) violence, (f) wandering/attempting to get out of bed, or (g) disruption of therapeutic milieu/environment. **All** restraints are only applied and removed by trained personnel.

For complete policy, see ShandsHealthcare Policy A-02-001 located at <http://intrashands1.umc.ufl.edu/Policies/Administrative/02%20-%20Patient%20Care/A-02-001.pdf>