

Amal A. Bhullar M.D.
Curriculum Vitae

Academic Rank:

Assistant Professor

Address:

Department of Psychiatry
University of Florida
Tower II, 6th Floor
580 West 8th Street
Jacksonville, FL 32209
(904) 244-1038
Amal.Bhullar@jax.ufl.edu

Education:

- Florida International University, Miami, FL, USA – Medical Degree, 2020
- University of Florida College of Medicine-Jacksonville, Jacksonville, FL, USA - Psychiatry Residency, 2024

Publications:

- Goicochea S, **Bhullar A**, Turner S, et al. "Area Deprivation Index and Coprescription of Opioids and Sedative Hypnotics." *Cureus*, 2025.
- Dale L, Cuffe S, Kolackz, J, Biernacki N, Leon K, **Bhullar A**, Nix E, Porges S.. "Increased Autonomic Reactivity and Mental Health Difficulties in COVID-19 Survivors: Implications for Medical Providers." *Frontiers in Psychiatry*, 2022.
- Dale L, Cuffe S, Sambuco N, Guastello A, Leon K, Nunez L, **Bhullar A**. "Morally Distressing Experiences, Moral Injury, and Burnout in Healthcare Providers during the COVID-19 Pandemic." *International Journal of Environmental Research and Public Health*. 2021.
- Lage O, Tran D, **Bhullar A**, Stefano T. "Reflections on State Medical Board Visits as a Tool for Multi-Level Teaching of Professionalism in Medical Education." *Journal of Medical Regulation*, vol 107, no. 3, 2021.
- **Bhullar, Amal**. "The Students Forum: My Experience in the Pursuit of the All-Encompassing Biology Research." *Bios*, vol. 88, no. 1, 2017, pp. 55–57.
- Smith-Cavros E, Avorti-Wuaku J, Wuaku A, **Bhullar A**. "'All I Need Is Help to Do Well': Herbs, Medicines, Faith, and Syncretism in the Negotiation of Elder Health Treatment in Rural Ghana." *Journal of Religion and Health*, vol. 56, no. 6, 2017, pp. 2129–2143.
- Smith-Cavros E, Avorti-Wuaku J, Wuaku A, **Bhullar A**. "Oh, as for the Health Insurance...It's Good, but...: Rural Elders in Agate, Ghana, Discuss the National Healthcare Insurance Scheme." *Qualitative Research in Medicine & Healthcare*, vol. 1, no. 1, 2017.