

Michael J. Bradburn, D.O.

Education

- The University of Alabama, College of Community Health Sciences, Tuscaloosa, AL 2018 – Present
 - Primary Care Sports Medicine Fellowship
- St. Joseph Mercy Livingston Hospital, Howell, MI 2015 – 2018
 - Family Medicine Residency
- Genesys Regional Medical Center, Grand Blanc, MI 2014 – 2015
 - Osteopathic Traditional Rotating Internship
- Lake Erie College of Osteopathic Medicine, Greensburg, PA 2010 – 2014
 - Doctor of Osteopathic Medicine
- Wayne State University, Detroit, MI 2009 – 2010
 - Basic Medical Sciences Master’s Program
- Alma College, Alma, MI 2005 – 2009
 - Bachelor of Science
 - Major: Exercise and Health Science
- Goodrich High School, Goodrich, MI 2001 – 2005
 - High School Diploma

Team Coverage

- The University of Alabama, Tuscaloosa, AL 2018 – Present
 - Football, Gymnastics, Women’s Basketball, Cheer and Dance, Men’s Club Hockey, Swim and Dive, Rowing, Track and Field, Softball, Adaptive Athletics
- Tuscaloosa Central High School, Tuscaloosa, AL 2018 – Present
 - Varsity Football, Boys’ and Girls’ Varsity Basketball, Track and Field
- Brighton High School, Brighton, MI 2015 – 2018
 - Varsity Football and Wrestling

Event Coverage

- Capital One Orange Bowl, Hard Rock Stadium, Miami Gardens, FL December 2018
- Pre-Participation Sports Physicals, Tuscaloosa Central High School, Tuscaloosa, AL December 2018
- 32nd Annual Alabama – Mississippi High School Football All-Star Game, Cramton Bowl, Montgomery, AL December 2018
- SEC Championship Football Game, Mercedes-Benz Stadium, Atlanta, GA December 2018
- Top End Invitational, Wheelchair Basketball Tournament, Tuscaloosa, AL Nov. 2018

- ABC Medical Tipoff, Wheelchair Basketball Tournament, Tuscaloosa, AL October 2018
- Pre-Participation Sports Physicals, The University of Alabama, Tuscaloosa, AL August 2018
- Pre-Participation Sports Physicals, Shelton State Community College, Tuscaloosa, AL August 2018
- Pre-Participation Sports Physicals, Holt High School, Tuscaloosa, AL August 2018
- Tuscaloosa Hot 100 Bike Race, Tuscaloosa, AL July 2018
- AFC Small Town Throwdown, Dekalb County Coliseum, Rainsville, AL July 2018
- SEC Officials Preseason Physical Fitness Testing, Mountain Brook High School, Birmingham, AL July 2018
- North / South Alabama High School Football All Star Game, Cramton Bowl, Montgomery, AL July 2018
- MMA Cage Fights, Strike Hard Productions 50, Zamora Shrine, Birmingham, AL July 2018
- Mt. Brighton Dash or Crash 5K, Mt. Brighton Ski Area, Brighton, MI May 2017
- Pre-Participation Sports Physicals, Howell High School, Howell, MI June 2017
- Pre-Participation Sports Physicals, Brighton High School, Brighton, MI May 2017
- Mike Kelly Duals Wrestling Tournament, Fowlerville High School, Fowlerville, MI January 2017
- Manning Vieau Invitational Wrestling Tournament, Brighton High School, Brighton, MI December 2016
- Manning Vieau Invitational Wrestling Tournament, Brighton High School, Brighton, MI December 2015
- Pre-Participation Sports Physicals, Peck High School, Peck, MI July 2015
- Pittsburgh Marathon, Pittsburgh, PA May 2011

Research / Quality Improvement

- *Opioid Prescribing Practices in a Residency Clinic*, Quality Improvement Project, Livingston Family Medicine Center, Brighton, MI October 2018
- *Advanced Care Planning*, Quality Improvement Project, Livingston Family Medicine Center, Brighton, MI October 2018
- *Effect of Dietary Protein Intake on Nitrogen Balance During Resistance Exercise Training*, Original Research, Department of Exercise and Health Science, Alma College, Alma, MI January 2008

Publications

- Luetkemeier, M.J., **Bradburn, M.J.**, *Effect of Dietary Protein Intake on Nitrogen Balance During Resistance Exercise Training*. Medicine and Science in Sports and Exercise. 2010, May; 42(5): 64. Pub Status: Published May 2010

Membership and Honorary / Professional Societies

- American College of Sports Medicine 2018 – Present

- Code Blue Committee, St. Joseph Livingston Hospital, Howell, MI 2017 – 2018
- American Medical Society for Sports Medicine, Education Committee 2015 – Present
- American Academy of Family Physicians 2015 – Present
- American College of Osteopathic Family Physicians 2015 – Present
- Graduate Medical Education Committee, St. Joseph Mercy Hospital, Ann Arbor, MI 2015 – 2018
- Florida Osteopathic Medical Association 2014 – 2015
- Michigan Osteopathic Medical Association 2014 – Present
- American Osteopathic Association 2014 – Present
- Postgraduate American Academy of Osteopathy 2014 – Present
- American Academy of Osteopathy Mentorship Program 2014 – Present
- Lake Erie College of Osteopathic Medicine Sports Medicine Club, Secretary 2010 – 2012
- Student American Academy of Osteopathy 2010 – 2014
- Lake Erie College of Osteopathic Medicine Orthopedics Club 2010 – 2012
- Lake Erie College of Osteopathic Medicine Surgery Club 2010 – 2012
- Fellowship of Christian Athletes, President (2008 -2009) 2005 – 2009

Oral / Poster Presentations

- *Knee Pain in a High School Football Player*, American Medical Society for Sports Medicine, Status: Abstract Submitted Nov. 2018
- *Overuse Injuries in Youth Athletes*, Resident Didactics, The University of Alabama College of Community Health Sciences, Tuscaloosa, AL Sept. 2018
- *The Pre-Participation Evaluation: Considerations, Components, And Current Guidelines*, DCH Annual Athletic Trainers In-Service Day, DCH Hospital, Northport, AL July 2018
- *Opioid Prescribing Guidelines in a Residency Practice*, Annual Research Day, St. Joseph Mercy Hospital, Ann Arbor, MI April 2018
- *Optimal Time to Surgery: Where Do We Draw the Line?*, Morbidity and Mortality Conference, St. Joseph Mercy Livingston Hospital, Howell, MI Sept. 2017
- *America's Growing Population: Exploring the Link Between Childhood Obesity And Physical Inactivity*, Resident Didactics, Livingston Family Medicine Center, Brighton, MI July 2017
- *DVT / PE: Prevention and Management*, Resident Didactics, Livingston Family Medicine Center, Brighton, MI April 2016
- *Fracture Management in Primary Care*, Resident Didactics, Livingston Family Medicine Center, Brighton, MI July 2015
- *Meniscal Transplants*, Resident Didactics, Genesys Regional Medical Center, Grand Blanc, MI October 2014
- *Meniscal Transplant with Simultaneous ACL Reconstruction*, Resident Didactics, Largo Medical Center, Largo, FL Sept. 2014
- *Pediatric Both Bone Forearm Fractures*, Resident Didactics, Genesys Regional Medical Center, Grand Blanc, MI October 2013

- *Identification of Orthopedic Hardware on Radiologic Studies*, Resident Didactics, January 2013
Oakwood Southshore Medical Center, Trenton, MI
- *Achilles Tendon Rupture*, Resident Didactics, McLaren Oakland Hospital, June 2013
Pontiac, MI
- *Posterior Tibial Tendinitis and Shoulder Impingement: A Summary*, Resident Didactics, Detroit Medical Center Sports Medicine, Warren, MI August 2013
- *Effect of Dietary Protein Intake on Nitrogen Balance During Resistance Exercise Training*, 57th Annual and Inaugural World Congress of Exercise is Medicine June 2010
Of the American College of Sports Medicine, Baltimore, MD
- *Effect of Dietary Protein Intake on Nitrogen Balance During Resistance Exercise Training*, Poster Presentation, American College of Sports Medicine Annual Meeting of the Midwest Chapter, St. Charles, IL October 2009

Conference Attendance

- American Medical Society for Sports Medicine: *Advanced Team Physician Course*, Charleston, SC Nov. 2018
- American College of Osteopathic Family Physicians: *National Conference*, Austin, TX March 2018
- American Academy of Family Physicians: *Accelerated Board Review Course*, Cleveland, OH February 2018
- Detroit Sports Medicine Foundation: *9th Annual Detroit Regional Sports Medicine Symposium*, Southfield, MI June 2017
- American Medical Society for Sports Medicine: *26th Annual Meeting "Medicine in Motion"*, San Diego, CA May 2017
- American College of Sports Medicine: *57th Annual and Inaugural World Congress of Exercise is Medicine*, Baltimore, MD June 2010
- American College of Sports Medicine: *Annual Meeting of the Midwest Chapter*, St. Charles, IL October 2009

Volunteering

- Good Samaritan Musculoskeletal Medicine Clinic, Northport, AL 2018 – Present
- Livingston Family Medicine Center Community Vegetable Garden, Brighton, MI 2015 – 2018
- Habitat for Humanity, Alma College Alternative Spring Break, Georgetown, SC February 2009
- Habitat for Humanity, Alma College Alternative Spring Break, Brunswick, GA February 2008
- National Relief Network, Alma College Alternative Spring Break, Chalmette, LA February 2007
- Michigan High School Powerlifting Association, Assistant Coach, Goodrich High School, Goodrich, MI 2005 – 2008

Work Experience

- IHA After Hours Urgent Care, Ann Arbor, MI 2017 – 2018
- Emergency Physicians Medical Group, Canton, MI 2017 – 2018
- LECOM Medical Library, Lake Erie College of Osteopathic Medicine, Greensburg, PA 2011 – 2012
- R.L. Slade Custom Homes, Goodrich, MI 2003 – 2010

Licensure

- Full Unrestricted State of Alabama Medical License 2018 – Present
- Full Unrestricted State of Michigan Medical License 2018 – Present

Certifications

- American Osteopathic Board of Family Practice, Board Certified 2018 – Present
- Evidence Based Vision Screening and Concussion Baseline Data Collection for NCAA Team Physicians and Athletic Trainers 2018 – Present
- Advanced Cardiac Life Support 2010 – Present
- Basic Life Support 2010 – Present

Leadership / Awards / Honors

- Senior Resident of the Year, Livingston Family Medicine Residency, Howell, MI 2018
- Chief Osteopathic Intern, Genesys Regional Medical Center, Grand Blanc, MI 2014
- Magna Cum Laude Honors, Alma College, Alma, MI 2009
- Offensive Interior Player of the Year, Alma College Football, Alma, MI 2008
- Team Captain, Alma College Football, Alma, MI 2008
- Alma College Enhanced Trustees Scholarship, Alma College, Alma, MI 2005
- Valedictorian, Goodrich High School, Goodrich, MI 2005
- President’s Education Award, Goodrich High School, Goodrich, MI 2005
- MHSAA Scholar Athlete Award, Goodrich High School, Goodrich, MI 2005
- National Wendy’s High School Heisman Nominee, Goodrich High School, Goodrich, MI 2004
- First Team Academic All State Football, Goodrich High School, Goodrich, MI 2004
- Team Captain, Varsity Football, Goodrich High School, Goodrich, MI 2004
- Eagle Scout, Troop 238, Grand Blanc, MI 2001