



Ruchira Singh, MD

Curriculum Vitae and Bibliography

PERSONAL INFORMATION

Work Address: University of Florida College of Medicine -Jacksonville
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Jacksonville, Florida 32209

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PRESENT ACADEMIC POSITION

Assistant Professor	10/2016-Present
Division of Female Pelvic Medicine and Reconstructive Surgery Department of Obstetrics and Gynecology University of Florida, Jacksonville, FL	
Interim Division Director	
Division of Female Pelvic Medicine and Reconstructive Surgery Department of Obstetrics and Gynecology University of Florida, Jacksonville, FL	7/2019-Present

EDUCATION

Fellowship: Female Pelvic Medicine and Reconstructive Surgery	07/2013-07/2016
Mayo Graduate School of Medical Education, Mayo Clinic, Rochester, Minnesota	
Clinical Instructor: Obstetrics and Gynecology	07/2013-07/2016
Mayo Graduate School of Medical Education, Mayo Clinic, Rochester, Minnesota	
Masters of Science: Female Pelvic Medicine and Reconstructive Surgery	07/2013-07/2016
Mayo Graduate School of Medical Education, Mayo Clinic, Rochester, Minnesota	
Postdoctoral Certificate: Clinical and Translational science	07/2013-07/2016
Mayo Graduate School of Medical Education, Mayo Clinic, Rochester, Minnesota	
Residency: Obstetrics and Gynecology	07/2009-06/2013
Michigan State University, College of Human Medicine, Hurley Medical Center, Flint, Michigan Appointed as a chief resident from 06/2012-06/2013	
Residency in Obstetrics and Gynecology	04/2004-03/2007
University of Delhi, Maulana Azad Medical College, New Delhi, India	
Bachelor of Medicine & Bachelor of Surgery (M.B.B.S.)	07/1998-12/2004
University of Delhi, Maulana Azad Medical College, New Delhi, India	

BOARD CERTIFICATION

Board eligible

LICENSURE

Minnesota	Physician and surgeon	License number: 57093	07/2013-Present
Wisconsin	Physician and surgeon	License number: 62139	04/2014- 10/2017
Michigan	Physician and surgeon		07/2009-06/2013

HONORS/AWARDS

Specialty Award for Best Oral presentation, the Annual Community Research Forum, Michigan State University, Flint, Michigan, 2012

Outstanding Resident Educator Award, Michigan State University, Flint, Michigan, 2012

Program Director's Annual Resident Achievement Award, Hurley Medical Center, Michigan State University, Flint, Michigan, 2011

Best Oral Presentation, 28th Annual Conference of Association of Obstetrician and Gynecologists of Delhi, New Delhi, India, 2006

Honors in Anatomy in preclinical year of medical school, University of Delhi, India, 1999

Recipient, Certificate of Merit Top 0.1% amongst 800,000+ candidates in Physics and Chemistry for Outstanding academic performance in All India Senior School Certificate Examination, 1998. (SAT)

Awarded the prestigious National Talent Search Examination (NTSE) scholarship by the National Council of Education Research and Training (NCERT), Government of India in 1996, an endowment to India's top-1000 high school students (amongst 300,000+ aspirants).

PROFESSIONAL ORGANIZATION MEMBERSHIPS

1. Member of Systematic Review Group (SRG) of Society of Gynecologic Surgeons, Mar 2016-present
2. Item Writing and Exam Construction, FPMRS Self-Assessment Fellows Exam, American Urogynecologic Society, October 2015- present
3. Member, Surgical Performance Improvement Committee, UF Health Jacksonville, Feb 2017-present
4. Member, Perioperative Operations Committee, UF Health Jacksonville, March 2017 – present
5. Member, Practice Plan Compensation Committee, UF Health Jacksonville, March 2017 – present

American Urogynecologic society (AUGS) – Member

American Congress of Obstetricians and Gynecologists (ACOG)

American Medical Association (AMA) - Member

Minnesota Medical Association (MMA) - Member

Mayo Clinic Fellow's Association (MFA) - Member

ACADEMIC /RESEARCH CAREER DEVELOPMENT

1. **“Write winning Grant Proposals” annual workshop.** Grant Writers’ Seminars and Workshops in association with the Mayo Clinic, Rochester, Minnesota 2013
2. **“Writing for biomedical publication” annual workshop.** Grant Writers’ Seminars and Workshops in association with the Mayo Clinic, Rochester, Minnesota. 2014
3. **Mayo quality fellows program:**
 - Bronze Level (Quality Improvement Specialist) 2014
 - Quality Essentials (4 hours)
4. **Mayo School of Graduate Medical Education** 7/2013–7/2016
 - CORE Curriculum Courses for Graduate school
 - Clinical Research Tract Courses
 - Health Science Research

PEER REVIEWED PUBLICATIONS

1. Antosh DD1, Kim-Fine S, Meriwether KV, Kanter G, Dieter AA, Mamik M, Good M, Singh R, Alas A, Foda M, Balk EM, Rahn DD, Rogers RG. Changes in Sexual Activity and Function Following Pelvic Organ Prolapse Surgery: A Systematic Review. Submitted for publication. Obstetrics and Gyencology. May 2020
2. Cara L. Grimes, MD, MAS, Ethan M. Balk, MD, MPH, Alexis A. Dieter, MD, Ruchira Singh, MD, Cecilia K. Wieslander, MD, Peter C. Jeppson, MD, Sarit O. Aschkenazi, MD, MS, Jin Hee Kim, MD MS, Mireille D. Truong, MD, Ankita S. Gupta, MD, MPH, Julia G. Keltz, MD, Deslyn T. G. Hobson, MD, David Sheyn, MD, Jessica E. Morse, MD, MPH, Sara E. Petruska, MD, Gaelen Adam, MLIS, MPH, Kate V. Meriwether, MD. Expedited Literature Review Providing Guidance For Gynecologists Utilizing Telemedicine During COVID-19 Pandemic. Submitted for publication. Am J Obstet Gynecol. April 2020
3. L. Blankenship, M. Good, C. Smotherman, S. Gautam, R. Singh. Risk factors predicting the loss of functional independence after colpocleisis for pelvic organ prolapse. Submitted for publication. Am J Obstet Gynecol. April 2020
4. Grimes CL, Schimpf MO, Wieslander CK, Sleemi A, Doyle P, Wu YM, Singh R, Balk EM, Rahn DD; Society of Gynecologic Surgeons (SGS) Systematic Review Group (SRG). Surgical interventions for posterior compartment prolapse and obstructed defecation symptoms: a systematic review with clinical practice recommendations. Int Urogynecol J. 2019 Sep;30(9):1433-1454. doi: 10.1007/s00192-019-04001-z. Epub 2019 Jun 29. PMID: 31256222
5. Meriwether KV, Balk EM, Antosh DD, Olivera CK, Kim-Fine S, Murphy M, Grimes CL, Sleemi A, Singh R, Dieter AA, Crisp CC, Rahn DD. Uterine-preserving surgeries for the repair of pelvic organ prolapse: a systematic review with meta-analysis and clinical practice guidelines. Int

Urogynecol J. 2019 Apr;30(4):505-522. doi: 10.1007/s00192-019-03876-2. Epub 2019 Feb 11. Review. PMID: 30741318

6. El-Nashar SA, **Singh R**, Schmitt JJ, Leon DC, Arora C, Gebhart JB, Occhino JA. Urinary Tract Infection After Hysterectomy for Benign Gynecologic Conditions or Pelvic Reconstructive Surgery. *Obstet Gynecol*. 2018 Oct 15. doi: 10.1097/AOG.0000000000002931
7. **Singh R**, Hokenstad ED, Wiest SR, Kim-Fine S, Weaver AL, McGree ME, Klingele CJ, Trabuco EC, Gebhart JB. Randomized controlled trial of silver-alloy-impregnated suprapubic catheters versus standard suprapubic catheters in assessing urinary tract infection rates in urogynecology patients. *Int Urogynecol J*. 2019 May;30(5):779-787. doi: 10.1007/s00192-018-3726-z. Epub 2018 Aug 25. PMID: 30145671
8. Meriwether KV, Antosh DD, Olivera CK, Kim-Fine S, Balk EM, Murphy M, Grimes CL, Sleemi A, **Singh R**, Dieter AA, Crisp CC, Rahn DD. Uterine preservation vs hysterectomy in pelvic organ prolapse surgery: a systematic review with meta-analysis and clinical practice guidelines. *Am J Obstet Gynecol*. 2018 Jan 17. pii: S0002-9378(18)30026-7. doi: 10.1016/j.ajog.2018.01.018.
9. **Singh R**, Yurteri-Kaplan LA, Morrow MM, Weaver AL, McGree ME, Zhu X, Paquet VL, Gebhart JB, Hallbeck S. Sitting vs. standing makes a difference in musculoskeletal discomfort and postural load for vaginal surgery. *Int Urogynecol J*. 2018 Apr 18. doi: 10.1007/s00192-018-3619-1.
10. Schmitt JJ, **Singh R**, Weaver AL, Mara KC, Harvey-Springer RR, Fick FR, Occhino JA. Prospective Outcomes of a Pelvic Floor Rehabilitation Program Including Vaginal Electrogalvanic Stimulation for Urinary, Defecatory, and Pelvic Pain Symptoms. *Female Pelvic Med Reconstr Surg*. 2017 Mar/Apr;23(2):108-113. doi: 10.1097/SPV.0000000000000371.
11. **Singh, R**, Carranza Leon DA, Morrow MM, Vos-draper T, McGree M, Weaver AL, Woolley , Hallabeck S, Gebhart JB. Effect of Different Chairs on Work-related Musculoskeletal Discomfort during Vaginal Surgery. *Am J Obstet Gynecol*. 2016 Nov;215(5):648.e1-648.e9. doi: 10.1016/j.ajog.2016.06.016. Epub 2016 Jun 16.
12. **Singh R**, Schmitt JJ, Knoedler JJ, Occhino JA. Management of a Vesicovaginal fistula using Holmium laser ablation. *International Urogynecology Journal*. June 2016, Volume 27, Issue 6, pp 969-971.
13. Liberman D, **Singh R**, Siegel SW. Neuromodulation for Pelvic Pain and Sexual Dysfunction. *Current Bladder Dysfunction Reports*. June 2016, 11(2): 187-193.
14. El-Nashar SA, **Singh R**, Bacon MM, Kim-Fine S, Occhino JA, Gebhart JB, Klingele CJ. Female Urethral Diverticulum: Presentation, Diagnosis and Predictors of Outcomes after Surgery. Accepted for publication in *Female Pelvic Medicine Reconstructive Surgery*. Sep 2015.
15. **Singh R**, El-Nashar SA, Trabuco EC, Klingele CJ, Gebhart JB, Occhino JA. Comparison of short term outcomes of Sacral Nerve Stimulation and intra-detrusor injection of

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OnabotulinumtoxinA (Botox) in women with refractory overactive bladder. Female Pelvic Medicine Reconstructive Surgery. 2015 Nov-Dec; 21(6):369-73.

16. **Singh R.** Urogynecology Digest. International Urogynecology Journal. 2014 Oct. Vol 25, Issue 10, 1433-1434
17. Occhino J, Myer E, **Singh R**, Gebhart J. 2013. Surgical and non-surgical education practices in female pelvic medicine and reconstructive surgery fellowships within the United States. Open Journal of Obstetrics and Gynecology. 3, 20-27. doi: 10.4236/ojog.2013.34A004.
18. Dandolu V, **Singh R**, Lidicker J, Harmanli O. BMI and Uterine size: Is There Any Relationship? International J Gynecol Pathol. 2010 Nov; 29(6): 568-71.
19. Kashyap B, **Singh R**, Bhalla P, Arora R, Aggarwal A. Reliability of Self-Collected versus Provider-Collected Vaginal Swabs for the Diagnosis of Bacterial Vaginosis. International Journal of STD & AIDS. 2008 Aug; 19(8): 510-13.

ORAL PRESENTATIONS

1. The double hump: Clinical significance in sacrocolpopexy. Accepted for oral poster presentation at the 45th Annual Scientific Meeting of the Society of Gynecologic Surgeons. M Good DO, D Rao MD, C Evans MD, R Singh MD. Tuscan, AZ, March 21-Apr 2, 2019.
2. Predictors of Urinary Tract Infection after Hysterectomy for Benign Gynecologic Disease and Pelvic Reconstructive Surgery Scientific Salon presentation at 39th Annual scientific meeting of AUGS. Sherif El-Nashar, MD, PhD, Ruchira Singh, MD, Jennifer Janine Schmitt, DO, Daniel A Carranza Leon, MD, John B. Gebhart, MD, MS, and John A Occhino, MD, MS. Chicago, IL. Oct 9-13, 2018.
3. Casey Evans, M.D., Ruchira Singh, MD, Clifford Y Wai, MD, Kelly Best, MD and Meadow Maze Good, DO. An inexpensive, easy-to-construct model builds confidence in procedural steps and technical skills of the vaginal hysterectomy. Scientific Salon presentation at 39th Annual scientific meeting of AUGS. Chicago, IL. Oct 9-13, 2018,
4. Randomized Controlled Trial of Silver-Alloy Impregnated Suprapubic Catheters Versus Standard Suprapubic Catheters in Assessing Urinary Tract Infection Rates in Urogynecology Patients. Oral Poster presentation at the 44th Annual Scientific Meeting of the Society of Gynecologic Surgeons in Orlando FL, March 11-14, 2018
5. Urinary Incontinence in women. Speaker at the 19th Annual Primary Care & Cardiovascular Symposium 2018, St Augustine, FL March 3-5, 2018
6. "Does sitting or standing make a difference in vaginal surgery?" Singh R, Yurteri-Kaplan LA, Morrow MM, Weaver AL, Mc Gree ME, Zhu X, Paquet VL, Gebhart JB, Hallbeck S. Oral Poster presentation at the 43rd Annual Scientific Meeting of the Society of Gynecologic Surgeons in San Antonio, TX, March 26-29, 2017.

7. Prospective Outcomes of a pelvic floor rehabilitation program including vaginal electrogalvanic stimulation for urinary, defecatory and pelvic pain symptoms. Schmitt JJ, **Singh R**, Harvey-Springer RR, Fick FF, Occhino JA. Accepted as an oral presentation at 37th Annual scientific meeting of AUGS. Denver, CO, Sept 27-Oct 1, 2016.
8. Effect of Different Chairs on Work-related Musculoskeletal Discomfort during Vaginal Surgery. Accepted for full oral presentation at 42nd Annual Scientific meeting of Society of Gynecologic Surgeons. Singh, R, Carranza Leon DA, Morrow MM, Vos-draper T, Hallabeck S. Gebhart JB. Palm Springs, CA, April 10-13, 2016.
9. Effect of surgeon chairs on work-related musculoskeletal disorders amongst gynecologic surgeons: A pilot study. Oral presentation at Human Factor and Ergonomics Society 2015 International Symposium on Human Factors and Ergonomics in Health Care: Improving the Outcomes. Singh R, Yu D, Carranza Leon DA, Gebhart JB, Hallbeck S, Baltimore, MD, April 26-29, 2015.
10. Journal Club: Outcomes of anti-incontinence procedures after surgery for pelvic organ prolapse. Division of Female Pelvic Medicine and Reconstructive Surgery, Department of Obstetrics and Gynecology, Mayo Clinic. Singh R, Rochester, MN. 2014.
11. Journal Club: Ovarian preservation at the time of hysterectomy. Division of Female Pelvic Medicine and Reconstructive Surgery, Department of Obstetrics and Gynecology, Mayo Clinic. Singh R. Rochester, MN. 2014.
12. Journal Club: Cost differences among robotic, vaginal and abdominal hysterectomy. Division of Female Pelvic Medicine and Reconstructive Surgery, Department of Obstetrics and Gynecology, Mayo Clinic. Singh R. Rochester, MN. 2014
13. Journal Club: Management of stress urinary incontinence. Division of Female Pelvic Medicine and Reconstructive Surgery, Department of Obstetrics and Gynecology, Mayo Clinic, Singh R. Rochester, MN. 2013.
14. Outcome of Cervical Cancer in Older Women. Oral Presentation at the Annual Community Research Forum, Michigan State University, Awarded Best Research Study in the Specialty. Flint, MI, May 2011.
15. The Number of Scheduled Repeat Cesarean Sections Delivered Prior to the Scheduled Date. Oral Presentation at the Michigan section, American Congress of Obstetrics and Gynecologists (ACOG), Annual Junior Fellow Research Day; Lansing, MI, May 2011.
16. The Number of Scheduled Repeat Cesarean Sections Delivered Prior to the Scheduled Date. Oral Presentation at the Annual Community Research Forum, Michigan State University. Flint, MI, May 2011.

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17. Obstetric Outcome of Infertile Women Following In Vitro Fertilization – Embryo Transfer After Hysteroscopic Surgical Correction of Incomplete Uterine Septum. Oral Presentation at the Annual Community Research Forum, Michigan State University. Flint, MI, May 2011.
18. Management Dilemma of Large Type II Sub Mucous Fibroid Extending up to Serosa. Oral Presentation at the Annual Community Research Forum, Michigan State University. Flint, MI, May 2010.
19. Clinical and Microbiological Response to Syndromic Management of Vaginal Discharge. 28th Annual Conference of Association of Obstetrician and Gynecologists of Delhi. New Delhi, India 2006.

PUBLISHED ABSTRACTS

1. L. Blankenship, M. Good, C. Smotherman, S. Gautam, **R. Singh**. Risk factors predicting the loss of functional independence after colpocleisis for pelvic organ prolapse. Accepted for poster presentation at the 45th Annual Scientific Meeting of the Society of Gynecologic Surgeons in Tuscan, AZ, March 21-Apr 2, 2019.
2. M Good DO, D Rao MD, C Evans MD, **R Singh MD**. The double hump: Clinical significance in sacrocolpopexy. Accepted for oral poster presentation at the 45th Annual Scientific Meeting of the Society of Gynecologic Surgeons in Tuscan, AZ, March 21-Apr 2, 2019.
3. Sherif El-Nashar, MD, PhD, **Ruchira Singh, MD**, Jennifer Janine Schmitt, D.O., Daniel A Carranza Leon, MD, John B. Gebhart, MD, MS, and John A Occhino, MD, MS. Predictors of Urinary Tract Infection after Hysterectomy for Benign Gynecologic Disease and Pelvic Reconstructive Surgery Scientific Salon presentation at 39th Annual scientific meeting of AUGS. Chicago, IL.Oct 9-13, 2018.
4. Casey Evans, MD, **Ruchira Singh, MD**, Clifford Y Wai, MD, Kelly Best, M. and Meadow Maze Good, DO. An inexpensive, easy-to-construct model builds confidence in procedural steps and technical skills of the vaginal hysterectomy. Scientific Salon presentation at 39th Annual scientific meeting of AUGS. Chicago, IL.Oct 9-13, 2018.
5. C. Arora , J. Byrnes , A. Javed , **R. Singh** , C. Klingele , J. Gebhart . Long-term psychological and physical impacts of McIndoe reconstruction in Mayer-Rokitansky-Küster-Hauser syndrome. Poster presentation at the 44th Annual Scientific Meeting of the Society of Gynecologic Surgeons in Orlando FL, March 11-14, 2018. American Journal of Obstetrics and Gynecology, February 2018, 218(2), S940–S941. DOI: <https://doi.org/10.1016/j.ajog.2017.12.096>
6. R.J. Knupp, C. Smotherman, S. Gautam, M.M. Good, C. Evans, **R. Singh**. Risks factors predicting postoperative urinary tract infection following reconstructive surgery for pelvic organ

prolapse. Poster presentation at the 44th Annual Scientific Meeting of the Society of Gynecologic Surgeons in Orlando FL, March 11-14, 2018.

7. **Singh R**, Yurteri-Kaplan LA, Morrow MM, Weaver AL, Mc Gree ME, Zhu X, Paquet VL, Gebhart JB, Hallbeck S. "Does sitting or standing make a difference in vaginal surgery?" Oral Poster presentation at the 43rd Annual Scientific Meeting of the Society of Gynecologic Surgeons in San Antonio, TX, March 26-29, 2017.
8. **Singh R**, Morrow MM, Vos-draper T, McGree M, Weaver AL, Woolley , Hallabeck S, Gebhart JB. Factors predicting musculoskeletal discomfort amongst surgeons performing vaginal surgery. Accepted as a poster presentation at 37th Annual scientific meeting of AUGS. Denver, CO, Sept 27-Oct 1, 2016.
9. **Singh R**, Schmitt JJ, El Nashar SA, Vaughan LE, Weaver AL, Occhino JA. Interventions for reduction of urinary tract infections after benign gynecologic surgery and pelvic reconstructive surgery. Accepted as a poster presentation at 37th Annual scientific meeting of AUGS. Denver, CO, Sept 27-Oct 1, 2016.
10. Schmitt JJ, Linder B, Gebhart JB, **Singh R**, Occhino JA. Communication Preferences Amongst Clinical Faculty At Large, Tertiary Care Facility. Presented at the ACOG Annual Clinical and Scientific Meeting, at Washington DC, May 14-17, 2016.
11. **Singh R**, Blandon R, McGree M, Weaver A, Occhino JA, Klingele C, Gebhart J, Trabuco E. Predictors of resolution of urgency urinary incontinence (UII) after anti-incontinence procedures performed for mixed urinary incontinence. Presented at the SGS 41ST Annual Scientific Meeting, at Orlando, FL, March 22-25, 2015.
12. **Singh R**, El-Nashar SA, Trabuco EC, Klingele CJ, Gebhart JB, Occhino JA. Motor only versus combined motor and sensory response for sacral nerve stimulator Stage 1 placement: A cohort study. Presented at 2014 AUGS/IUGA Scientific Meeting, at Washington, DC July 22-26, 2014. Female Pelvic Medicine Reconstructive Surgery. 2014, 20(Supplement 1): S348.
13. **Singh R**, El-Nashar SA, Trabuco EC, Klingele CJ, Gebhart JB, Occhino JA. Sacral nerve stimulation following Intravesical Botulinum injection for treatment of Overactive bladder. Is there a difference in outcomes? Presented at 2014 AUGS/IUGA Scientific Meeting, at Washington, DC July 22-26, 2014. Female Pelvic Medicine Reconstructive Surgery. 2014, 20(Supplement 1): S351.
14. Hokenstad ED, **Singh R**, El-Nashar SA, Trabuco EC. Urinary Incontinence Outcomes and Health Related Quality of Life After Robot Assisted Sacrocolpopexy: A Follow Up Survey. Presented at the AUGS 34th Annual Scientific meeting at Las Vegas, NV October 16-19,2013. Female Pelvic Medicine & Reconstructive Surgery 2013:19(5, Supplement 1): S170.

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15. **Singh R**, Kumar S, Baig S. Outcome of Cervical Cancer in Older Women. Presented at the Michigan section, American College of Obstetrics and Gynecologists, Annual Junior Fellow Research Day; Lansing, MI, 2012. (Published in the Michigan Section American College of Obstetrics and Gynecologists meeting abstract book)
16. **Singh R**, Joseph S, Ashraf M, Abuzeid M. Obstetric Outcome of Infertile Women Following In Vitro Fertilization - Embryo Transfer After Hysteroscopic Surgical Correction of Incomplete Uterine Septum. Presented at the 40th Global Congress on Minimally Invasive Gynecology, November 6-11, 2011 at Hollywood, FL. Journal of Minimally Invasive Gynecology, 17 (6), S156.
17. **Singh R**, Ashraf M, Abuzeid M. Management Dilemma of Large Type II Sub mucous Fibroid Extending up to Serosa. Presented at the 39th Global Congress on Minimally Invasive Gynecology, November 8-12, 2010 at Las Vegas, FL. Journal of Minimally Invasive Gynecology, 18 (6), S158.
18. Dandolu V, Jaffe W, **Singh R**. OB/GYN Resident Perception of Training in Urogynecology. Presented at the AUGS 31ST Annual Scientific meeting at Long Beach, CA , September 30-October 2,2010. Female Pelvic Medicine & Reconstructive Surgery 2010:16(5, Supplement 2 5): S105.
19. Sachdeva P, **Singh R**, Arora R. Inner Myometrial Laceration - A rare cause of postpartum hemorrhage. Poster presentation at the XIV Annual Conference of National Association of Reproductive and Child Health of India, New Delhi, India. 2004. (Published in the National Association of Reproductive and Child Health of India Annual meeting abstract book)

BOOK CHAPTERS

1. Arora R, **Singh R**. Sexually transmitted infections of lower genital tract. In: Infections in Obstetrics and Gynaecology (pp. 158-174). New Delhi: Jaypee Brothers Medical Publishers Pvt. Ltd.;2006.
2. Sachdeva P, Mehta S, **Singh R**. Puerperal Sepsis. In: Infections in Obstetrics and Gynaecology (pp. 116-124). New Delhi: Jaypee Brothers Medical Publishers Pvt. Ltd.;2006.