

## **How Do I Make Changes to My Benefits During Open Enrollment?**

### **State of Florida Plans**

- Changes to State (People First) Benefits – Make changes through People First
  - The People First portal is accessed at <https://People.First.myflorida.com/People.First>.
  - Your People First ID Number can be found on most PF communication and in myUFL (Main Menu > My Self Service > Benefits > PFID & Beneficiary Info).
  - If the ‘Forgot Password’ link does not work, contact the UF HR Benefits Team for assistance. We may need to help update your PF profile.
  - Make changes over the phone by contacting the People First Service Center at 866-663-4735.
  - [Enrollment Guide](#)

### **University of Florida (UF Select) Benefits**

- UFSelect benefits include GatorCare, Eagles Dental, UF Vision, Optional Term Life, Disability Benefits, and Preferred Legal Plan.
- Changes to University of Florida (UFSelect) Benefits – Make changes through My Self-Service in myUFL
- Navigation: *Main Menu > My Self Service > Benefits > Benefits Enrollment.*
- [Enrollment Guide](#)

**There is no action on your part if after reviewing your current benefit elections you feel they continue to meet your (and your family’s) needs.**

- You can view your current elections by navigating to *myUFL > Main Menu > My Self Service > Benefits > Benefits Summary.*

For questions and assistance regarding benefits, please email us at [ufcomjaxbenefits@jax.ufl.edu](mailto:ufcomjaxbenefits@jax.ufl.edu) and provide a brief detail of your inquiry or concern.