

The UF Health Center for Healthy Minds and Practice, or CHaMP, was established to meet the growing needs of wellness and mental health support in a safe, confidential environment. All services are free of charge.

SERVICES FOR INDIVIDUALS

- Unlimited psychological support for personal, family or workplace concerns.
- Counseling, coaching, assessment, referral and client advocacy
- Conflict resolution
- Brief, solution-oriented counseling
- Case management covering issues such as addiction, alcohol or drug-related concerns and family concerns.
- Critical incident debriefing
- Guidance on working effectively with troubled employees
- Telehealth

SERVICES FOR GROUPS

- Customized group counseling
- Customized educational services
- Department workshops and training
- Critical incident debriefing
- Crisis response services to adverse events on campus
- Mental health and wellness opportunities that foster a healthy culture in your department
- Telehealth

For more information or to schedule an appointment, call 244.8332.

DAVID CHESIRE, PHD

Licensed Psychologist
Director, UF Health Center for Healthy Minds and Practice
Associate Professor, UF College of Medicine – Jacksonville

DONNA RAGUCCI, RN, MED

Licensed Mental Health Counselor
Behavioral Health Therapist

TAMI BELLAMY

Office Manager

